



Dear community members,

You're invited to join the wellness committee. The purpose of Metro Schools Wellness committee is to provide guidelines that assure Metro schools environment promotes and protects students' health, well-being, and ability to learn by supporting healthy eating and physical activity.

Schools across Minnesota are working to improve student health and learning by implementing local wellness policies. Those with responsibility for policy implementation, include:

- District administrators
- School building administrators
- Wellness policy implementation team leaders and members assigned responsibility for policy implementation. These include district or school staff members, students, parents, community members or other individuals dedicated to making schools healthier places. School boards and superintendents play an important role in the implementation process as well.

There will be a few meetings throughout the school year, to modify currently policies and to develop new policies if needed.

Thank you in advance for considering working with us on this important effort. If you have any questions please feel free to contact:

Leydi Millan, Operations and HR Officer at

Direct number: 612-500-9506

Email: lmillan@metroschoolsmn.org



The next Wellness Committee Meeting
will be held on
October 17, 2018 at 4:30-5:30 PM

Anyone interested in joining the Wellness Committee
and for details about the meeting contact
Leydi Millan, Operations and HR Officer @
612-500-9506 or lmillan@metroschoolsmn.org

For information on the Wellness program visit the
Metro Schools web site at <http://metroschoolsmn.org/>

Thank you.